



## B 2 COOL 2 B CRUEL!

### **Take the 2 Cool 2 B Cruel Challenge!** (Share your action plan ideas with the group)

**Challenge:** Your friend gossips about another girl in your school.

**Action**→

**Challenge:** Someone you know (not in your group) sits alone everyday at lunch.

**Action**→

**Challenge:** A student in your gym class, who lacks ability, is made fun of.

**Action**→

**Challenge:** You feel someone in your math class does not have many friends.

**Action**→

**Challenge:** You're having a party and your "new" friends don't want you to include your best friend from elementary school because he or she is not in the "cool" crowd.

**Action**→

**Talk About It** | Read each question aloud and share your thoughts.

1. **Who** can you think of at school that shows leadership and is always **kind** to everyone, no matter who they are?
2. In your opinion, **what** qualities must students have to be in the "cool" crowd?
3. **Definition Time:** When students leave others out of their "group" because they aren't "cool" enough, we call that "group" a **clique**. Why do you think students in cliques generally ignore everyone else who is not in their group and act as if they are **2 Cool 2 B Kind?**
4. We are **unkind** to others in many different ways. Sometimes we simply ignore or don't even notice people who aren't in our group of friends. Sometimes we even go a step further and "**bully**" another student! **Give** examples of:
  - a. Physical **bullying**
  - b. **Bullying** with our words
  - c. **Cyberbullying** on social media
  - d. **Bullying** by ignoring or excluding someone
5. When you feel hurt, sad, or not good enough, **how** might that keep you from standing up for someone whom you know is being **bullied**?

6. It's hard to love people who hurt us, but God can help! When you truly love, it's easier to be **kind**. **Why** would praying for people you don't like help you to love them?
7. **Bullying hurts!** Being **left out** hurts! The world is scary enough. Make it better by defending others when they are attacked. **Read** aloud the Scriptures below and **share** with the group what each Bible passage says about being **kind** and caring for others.
- Ephesians 4:31-32
  - 1 John 4:19-21
  - 1 John 3:16-18
  - Matthew 25:40



**Know It** | KINDNESS is graciousness, tenderness and unselfishness. It is not envious, harsh or rude.

**Grow it** | Be KIND and compassionate to one another, forgiving each other, just as in Christ God forgave you. Ephesians 4:32

**Live It** | Don't ***B 2 Cool 2 B Kind!***  
Do ***B 2 Cool 2 B Cruel!***

**Read It** | Search God's Truth for answers to the discussion questions.

**Ephesians 4:31-32** (vs. 32-Kindness Memory Verse) <sup>31</sup> Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. <sup>32</sup> Be KIND and compassionate to one another, forgiving each other, just as in Christ God forgave you.

**1 John 4:19-21** <sup>19</sup> We love because He first loved us. <sup>20</sup> If anyone says, "I love God," yet hates his brother [friend], he is a liar. For anyone who does not love his brother [friend], whom he has seen, cannot love God, whom he has not seen. <sup>21</sup> And He has given us this command: Whoever loves God must also love his brother [friend].

**1 John 3:16-18** <sup>16</sup> This is how we know what love is: Jesus Christ laid down His life for us. And we ought to lay down our lives for our brothers [friends]. <sup>17</sup> If anyone has material possessions and sees his brother [friend] in need but has no pity on him, how can the love of God be in him? <sup>18</sup> Dear children, let us not love with words or tongue but with actions and in truth.

**Matthew 25:40** (*Jesus speaking*) The King [Jesus] will reply, 'I tell you the truth, whatever you did for one of the least of these brothers [friends] of Mine, you did for Me.'